



U13 / U14 game model

The game of soccer moves regularly between four moments of the game:

1. Attacking | 2. Attack to defense transition | 3. Defending | 4. Defense to attack transition

The goalkeeper plays an active role in all moments of the game

Attacking - When we have the ball

1. Create attacking shape (height/width/depth) to encourage forward play
2. Try to play forward into the attacking half through clever individual or combination play
3. If you can't play forward, try and keep the ball until you can
4. In the attacking half, use clever individual and combination play to create and finish goalscoring opportunities
5. Protect against an opponent counter-attack by creating a high defensive shape behind the ball



Attack to defense transition - When we lose the ball

1. Immediately try to get the ball back and prevent the other team playing forward
2. If we can't get the ball back immediately, recover quickly into a defending shape
3. Delay counter-attacks to allow players to recover and reorganize
4. In the defensive half, stop goalscoring opportunities and regain the ball



Defending - When we don't have the ball

1. Stop the other team from playing forward
2. Try to win the ball high up the field through pressing and compactness using a high front and backline
3. If the other team plays through the pressure, recover quickly
4. In the defending half, stop goalscoring opportunities by closing off the center of the pitch
5. Anticipate regaining the ball and be ready to take up attacking positions



Defense to attack transition - When we win the ball back

1. Think forward and play forward
2. Use fast attacks to create chances and score goals
3. Provide support ahead and behind the ball
4. If we can't play forward, keep the ball and move into our attacking shape