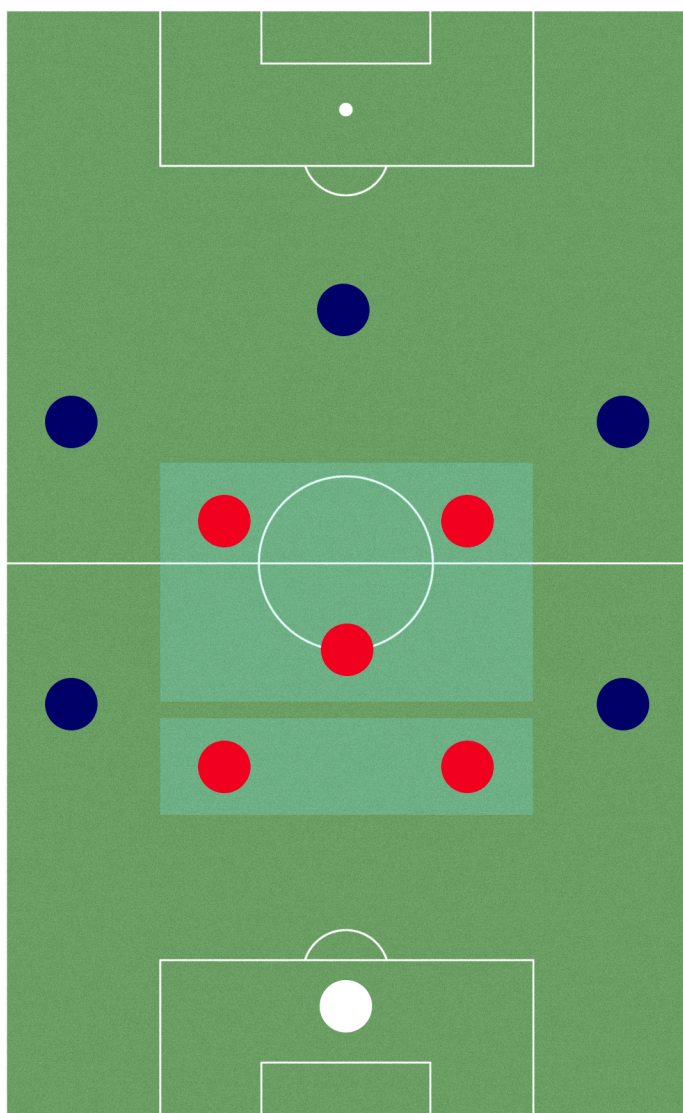




11v11: U13+

1-4-3-3



Helping players transition to 11v11 soccer:

As players progress to 11v11, a second center back and a third midfielder (red players) are introduced.

The formation begins with a back line consisting of one goalkeeper and four defenders. It then progresses to the three midfielders and three forwards.

How the 1-4-3-3 formation works:

The 1-4-3-3 formation provides a structure for multiple triangles and diamonds to create passing lanes.

This formation is just one organizational structure as there are many variations.

It creates two blocks (5 attacking players and 5 defending players) setting up 1v1 situations across the field.