



9v9: U11-U12

1-3-2-3

Helping players transition to 9v9 soccer:

As players progress from 7v7 to 9v9, there are new roles (positions) added on the wings (red players).

The formation begins with a back line consisting of one goalkeeper and three defenders. It then progresses to the two midfielders and three forwards.

Formation: 1-3-2-3

How the 1-3-2-3 formation works:

This formation continues to set-up 1v1s across the field in both attacking and defending moments.

- Create two blocks of four:

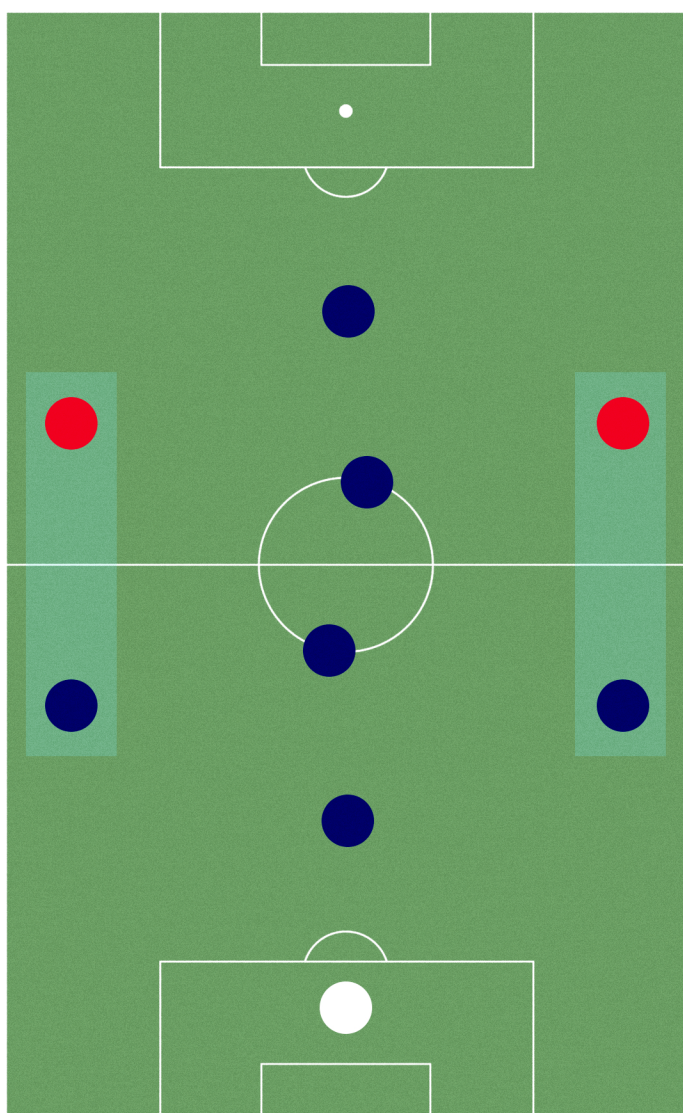
Block one:

Three defenders (one center back and two outside backs who help create passing options and support the attack) and one midfielder

Block two:

One midfielder (central) and three forwards (one central and two wide players)

- Two midfielders are staggered to create passing lanes (one has more of an attacking role and the other is more defensive).
- During the build-up, the three forwards help the team by spreading out and providing options to play forward and change the point of attack.



Formations are provided as a guide and should be amended to the needs of your players and club

This formation is just one organizational structure as there are many variations